



HOW TO MAKE YOUR OWN PAINT

Ingredients:



1/2 cup flour



1/2 cup salt



1/2 cup water



Food colouring

Method:

- Blend 1/2 cup of flour with 1/2 cup of salt
- Add 1/2 cup of water and mix until smooth
- Divide it up into three sandwich bags and add a few drops of food colouring to each bag
- Squish them up until the “paint” is well blended (use ziplock bags if small children are helping with this step)
- Add more water for a thinner paint
- Cut a corner off the bag and squeeze the paint mixture into your squeeze bottle



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Recipe information:
<http://tinkerlab.com/salt-and-flour-paint/>