Having friends is important. Friends are people who are kind to you and who like to spend time with you. Your friends might like some of the same things that you do. They may also like different things. Spending time with friends is important. It makes us feel good.

Starting school is a great time to make new friends. You can do this by:

- Telling another child what your name is. Ask them their name.
- Ask a child if they would like to play a game with you.
- Ask a child if you can play their game.
- Show a child something that you like.
- Ask a child a question. “Have you got a pet?” “What is your favourite TV show?”
- Tell the child something about yourself.
- Say something nice to the child. “I like your lunch box”